

a place of mind THE UNIVERSITY OF BRITISH COLUMBIA



In partnership with:



Haute Ecole Spécialisée de Suisse occidentale

Fachhochschule Westschweiz

University of Applied Sciences Western Switzerland

Present the:

School of Social Work Summer Institute 2013 Youth Transitions

Vancouver, British Columbia Canada

Working Sessions: July 8-12, 2013 Field visits: July 15-19, 2013

Programme

Overview

The transition into adulthood for most young people has in many ways become longer and more complex than it was even 20 years ago. In the last century the markers of transition were fairly clear for at least 'mainstream' youth. Young people finished their schooling and generally moved quickly into employment, marriage and independence. While this 'model' rarely held true for young people with unique or special needs it was seen by many as the norm to which all youth should strive towards regardless of their specific circumstances. While social policy, practice and popular expectations are still largely driven by this view of transition this traditional view of a short and relatively simple passage into adulthood is largely obsolete. Indeed, in many countries the transition from adolescence to independent adulthood has become so lengthy that it is now being seen by many as a whole new developmental stage. Unfortunately, much of the attention on the shifting nature of transitioning remains on 'mainstream' youth. Young people who are considered outside of the norm continue to be under-acknowledged and underserved.

In order to better understand and respond to the needs of these young people the School of Social Work at the University of British Columbia in conjunction with a number of academic partners including HES-So in Switzerland and Shandong University in China are hosting a forum in the summer of 2013 on the transition of young people with special considerations into adulthood. The Chinese University of Hong Kong and Griffith University in Australia are also sending students and/or faculty. The goal of the forum is to bring together academics, students, policy makers and practitioners from a number of countries, disciplines and service systems to promote discussion on how to best serve these young people as they make the often difficult transition into independence and adulthood. One of the desired outcomes of the forum will be the generation of policy, practice and research recommendations with regard to specific unique needs youth populations.

There will be four theme areas that will be discussed during the forum: 1) young people transitioning out of state care, 2) young people transitioning between the pediatric and adult health care systems 3) young people with disabilities transitioning from the child to adult system and 4) immigrant youth transitioning into their new communities and then into adulthood. There will be discussion of the overlap of some young people in these transition processes as well as sub-themes such as mental health that will also be explored.

The forum will involve five days of lectures, panels and concurrent sessions as well as small and large group discussions on the needs of specific youth populations. The forum will be highly interactive. The presentations will be provided by selected forum participants.

Day one of the forum will involve a series of short lectures and discussions involving the collective group on foundational knowledge about transitions into adulthood. Particular attention will be paid to what supports we know are needed to successfully make the transition to adulthood. The second day will involve presentations to the large group on each of the four theme areas.

Day three and four will be devoted to lectures and discussions on various issues young people regarding youth transitions. Day five will involve specific small group discussions about each of the theme areas. People will self-select a particular theme in which they are interested and within this group will examine what is known and what is needed on micro practice and macro policy levels. Each of these 'working groups' will produce a working document on recommendations regarding practice, policy and research aspects of their respective topic area. Participants will have the opportunity to take part discussions regarding each topic area. The day will conclude with a large group discussion on the similarities and differences between the experiences and a presentation on using youth engagement strategies to identify the needs of young people. A final document will be produced with the collective recommendations from participants.

Description

Monday July 8, 2013

Morning Session

Buchanan A 102

| 9:00-9:10 | Welcoming Remarks | Dr. Tim Stainton |
|-----------|-------------------|--|
| | | Professor and Director |
| | | School of Social Work and |
| | | Director, Centre for Citizenship and Inclusion |
| | | University of British Columbia |
| | | Vancouver, British Columbia |
| | | Dr. Marc-Antoine Berthod |
| | | Professor |
| | | Department of Social Work |
| | | University of Applied Sciences and Art |
| | | Western Switzerland |
| | | Lausanne, Switzerland |

| 9:10-9:30 | Opening Address | Dr. Mary Ellen Turpel-Lafond British Columbia Representative for Children and Youth Victoria, British Columbia |
|--------------|------------------------|---|
| 9:30-10:30 | Lecture 1 | "What do we know about healthy transitions?" |
| | | Dr. Sheila Marshal Associate Professor School of Social Work and Affiliated Associate Professor Division of Adolescent Health and Medicine University of British Columbia Vancouver, British Columbia |
| 10:30-11:00 | Coffee | |
| 11:00-12:00 | Lecture 2 | Results of the British Columbia Adolescent Health Survey: struggles and challenges |
| | | Dr. Elizabeth Saewyc CIHR/PHAC Chair in Applied Public Health Research and Associate Director, Research & Teaching Scholarship and Professor, School of Nursing & Division of Adolescent Health and Medicine and Director, Stigma and Resilience Among Vulnerable Youth Centre University of British Columbia Vancouver, British Columbia |
| 12:00-1:00 | Lunch | |
| Afternoon Se | ession | |
| Buchanan A 1 | 02 | |
| 1:00-2:15 | Lecture 3 | Trauma-informed practice with youth in transition |
| | | Natalie Clark Senior Instructor School of Social Work University of British Columbia |

| | | Vancouver, British Columbia |
|----------------------------------|-----------|--|
| 2:00-2:15 | Coffee | |
| 2:15-3:30 | Lecture 4 | Public policy gaps |
| | | Jeremy Berland Deputy Representative (retired) British Columbia Representative for Children and Youth Victoria, British Columbia |
| 3:30-4:30 | | Large group discussion: Youth transitions |
| Tuesday Jul | y 9, 2013 | |
| Morning Ses Buchanan A | | |
| 9:00-10:15 | Panel 1 | Transitions: Moving from the Pediatric to the Adult Health Care System for Young People with Chronic or Life Threatening Health Conditions |
| | Moderator | Dr. Stephanie Bryson Assistant Professor School of Social Work University of British Columbia Vancouver, British Columbia |
| | Panelists | Dr. Sandy Whitehouse Clinical Investigator, CFRI Clinical Associate Professor, Division of Adolescent Medicine, Department of Pediatrics, University of British Columbia Vancouver, British Columbia Dr. Steve Mathias |
| | | Child and Adolescent Psychiatrist Medical Manager Inner City Youth Mental Health Program Vancouver, British Columbia |
| | | Jocelyn Tomkinson Patient Advocate Vancouver, British Columbia |

| | | Josh Myers Clinical Team Leader Community Brain Injury Programme for Children and Youth BC Centre for Ability Vancouver, British Columbia |
|----------------------------|-----------|---|
| 10:15-10:45 | Coffee | |
| 10:45-12:00 | Panel 2 | Transitions: Young People in State Care |
| | Moderator | Dr. Grant Charles Associate Professor School of Social Work and Affiliated Associate Professor Division of Adolescent Health and Medicine University of British Columbia Vancouver, British Columbia |
| | Panelists | Dr. Stephen Brown Deputy Minister British Columbia Ministry of Children and Family Development Victoria, British Columbia Dr. Peter Voll Professor and Head, Institute of Health & Social Work University of Applied Sciences and Art Western Switzerland Valais, Switzerland |
| | | Program Manager Federation of BC Youth in Care Networks Vancouver, British Columbia |
| 12:00-1:00 | Lunch | |
| Afternoon Se Buchanan A | | |

Transitions: Young People with Cognitive and

| | | Physical Disabilities |
|-----------|-----------|--|
| | Moderator | Dr. Tim Stainton Professor and Director School of Social Work and Director, Centre for Citizenship and Inclusion University of British Columbia Vancouver, British Columbia |
| | Panelists | Mary Erb Social Worker Complex Developmental Behavioural Program Sunny Hill Health Centre Vancouver, British Columbia |
| | | Dr. Geneviève Piérart Professor Department of Social Work University of Applied Sciences and Art Western Switzerland Fribourg, Switzerland |
| | | Tamara Kulusic Manager of Policy and Program Development Community Living BC Burnaby, British Columbia |
| 2:15-2:45 | Coffee | |
| 2:45-4:30 | Panel 4 | <i>Transitions: Immigrant Youth into New</i> <i>Communities and into Adulthood</i> |
| | Moderator | Dr. Miu Yan Associate Professor School of Social Work University of British Columbia Vancouver, British Columbia |
| | Panelists | Dr. Claudio Bolzman Professor Department of Social Work University of Applied Sciences and Arts Western Switzerland Geneva, Switzerland |

Kate Hodgson Executive Director Network of Inner City Community Services Vancouver, British Columbia

Jenny Francis Department of Geography University of British Columbia Vancouver, British Columbia

Wednesday July 10, 2013

Morning Session

Buchanan A Building

9:00-10:30 Concurrent Sessions 1

Session A

Buchanan A102

Arden Duncan Bonokoski Steps Forward Burnaby, British Columbia

Steps Forward: an inclusive post-secondary education project for young people with developmental disabilities

Paula Grant Manager British Columbia Ministry of Social Development Vancouver, British Columbia

Recent inter-ministerial transition initiatives

Tamara Kulusic Manager Community Living British Columbia Burnaby, British Columbia

Moving between systems

Session B Buchanan A104 Dr. Peter Voll Professor and Head Institute of Health & Social Work University of Applied Sciences and Art Western Switzerland Valais, Switzerland

From child protection to adult support - individual transition and institutional transfer

Michelle Wywrot Lead, Youth Services/Post Majority Services Project Ministry of Children and Family Development Campbell River, British Columbia

The development of transitional programmes and policies

Dr. Laurence Ossipow Professor Department of Social Work University of Applied Sciences and Art of Western Switzerland Geneva

Moving into adulthood: an anthropological approach of juvenile facilities

10:30-10:45 Coffee

10:45-12:15 Concurrent Sessions 2

Session A

Buchanan A102

Gerhard Maynard Executive Director KidSafe Vancouver, British Columbia

Leadership training for youth at risk: beginning the transition process early

Chelsea Papish Manager of the Rights of Passage Program

| | | Covenant House Vancouver, British Columbia Transition supports for high-risk youth |
|------------|------------------------------|--|
| | | Stephanie Martin Community Engagement and Communications Manager McCreary Centre Society Vancouver, British Columbia |
| | | Listening to Vulnerable Youth: Transitioning to adulthood in British Columbia |
| | Session B Buchanan A104 | |
| | | Maria Fernand Moving Ahead Program Immigrant Services Society of British Columbia Vancouver, British Columbia |
| | | Settlement services for immigrant youth |
| | | Mustafa Delsoz Youth Outreach Case Manager Moving Ahead Program MOSIAC Vancouver, British Columbia |
| | | Settling and integrating processes for youth |
| | | Jessica Moerman, Team leader Youth Programs South Vancouver Neighbourhood House Vancouver, British Columbia |
| | | Neighbourhood houses in British Columbia |
| 12:15-1:00 | Lunch | |
| 1:00-2:30 | Concurrent Sessions l | |
| | Session A | |

Buchanan A102

Jules Wilson Executive Director Federation of British Columbia Youth in Care Networks Vancouver, British Columbia

Youth in care

Dr. Jennifer Charlesworth British Columbia Federation of Community Social Services Victoria, British Columbia

Youth engagement and transitions: helping young people make informed decisions

Dr. Colleen Poon Research Associate McCreary Centre Society Vancouver, British Columbia

Promoting participation: youth voices

Session B

Buchanan A104

Dr. Tim Stainton Professor and Director School of Social Work and Director, Centre for Citizenship and Inclusion University of British Columbia Vancouver, British Columbia

Transitional issues for families with young people with disabilities

Meaghan Feduck, Project Coordinator Centre for Citizenship and Inclusion University of British Columbia Vancouver, British Columbia

Citizenship and inclusion of people with cognitive disabilities

Carly Schneider Youth Transition Coordinator Centre for Ability Vancouver, British Columbia

Helping families help their young people make transitions

2:30-3:00 Coffee

3:00-4:30 Concurrent Sessions 2

Session A Buchanan A102

> Si Stainton Delta Community Living Society Delta, British Columbia

Transitional needs of parents of young people with disabilities

Dr. Geneviève Piérart Professor Department of Social Work University of Applied Sciences and Art Western Switzerland Fribourg, Switzerland

The challenges of transitions into adulthood of young disabled people

Karen Delong Director of Community Development Inclusion BC New Westminster, British Columbia

Policy gaps for services for young people with disabilities

Session B Buchanan A104

> Dr. Claudio Bolzman Professor,

Department of Social Work University of Applied Sciences and Arts Western Switzerland Geneva, Switzerland

From youth to adulthood: second generational immigrant's incorporation into Swiss society

Dr. Miu Yan Associate Professor School of Social Work University of British Columbia Vancouver, British Columbia

Moving into adulthood: Cultural fluency for immigrant youth

Dr. Robert Sweet Professor Emeritus, Lakehead University Port Moody, British Columbia

Thursday July 11, 2013

Morning Session

Buchanan A 102

9:00-10:30 Session A

Dr. Robert Lees Senior Policy Analyst British Columbia Ministry of Children and Family Development Abbottsford, British Columbia

Transition needs of children of parents with mental illness

Kim Skinner Executive Director The F.O.R.C.E. North Vancouver, British Columbia

Transitional needs of young people with mental illness: supports to families and young people

Dr. Grant Charles

Associate Professor School of Social Work University of British Columbia Vancouver, British Columbia

Young caregivers: their needs and dreams

10:30-10:45 Coffee

10:45-12:15 Session B

| Dr. Richard Young |
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| Professor Courselling Daughele au |
| Counselling Psychology |
| Faculty of Education |
| University of British Columbia |
| Vancouver, British Columbia |
| Career development for young people in transition |
| Dr. Dunya Acklin and Professor Caroline Reynaud |
| Professors |
| Department of Social Work |
| University of Applied Sciences and Art |
| Western Switzerland |
| Fribourg, Switzerland |
| Young adults and public social assistance: |
| comparing policy making in French-speaking |
| Switzerland |
| Dr. Sheila Marshal |
| Associate Professor |
| School of Social Work and |
| Affiliated Associate Professor |
| Division of Adolescent Health and Medicine |
| University of British Columbia |
| Vancouver, British Columbia |
| Transitions |
| |
| |

12:15-1:00 Lunch

1:00-2:30 Session C

| | | Carolyn Oliver School of Social Work University of British Columbia Vancouver, British Columbia |
|-----------|-----------|--|
| | | Moral distress: paying the price as helpers in a system with insufficient resources |
| | | Carla Alexander Faculty of Child, Family and Community Studies Douglas College New Westminster, British Columbia |
| | | Caring, mutuality and reciprocity in social worker- client relationships: Rethinking principles of practice with young people in transition |
| | | Professor Yuri Tironi Professor Department of Social Work University of Applied Sciences and Art Western Switzerland Lausanne, Switzerland |
| | | <i>Using youth participation to develop young people's citizenship?</i> |
| 2:30-3:00 | Coffee | |
| 3:00-4:30 | Session D | |
| | | Dr. Dolores Angela Castelli Dransart Professor Department of Social Work University of Applied Sciences and Art Western Switzerland Fribourg, Switzerland |
| | | <i>Understanding and supporting young people who have lost a parent or a sibling to suicide</i> |
| | | Dr. Stephanie Bryson Assistant Professor School of Social Work |

University of British Columbia Vancouver, British Columbia

System responses to youth in crisis

Dr Julie Clark Lecturer School of Human Services and Social Work Griffith University Brisbane, Australia

Young people in transitional crisis

Friday July 12, 2013

Morning Session

Jack Bell Building

9:00-12:00 **Concurrent Theme Sessions** (with a coffee break)

| Working Group A | Transitions from state care |
|-----------------|---|
| Working Group B | Transitions in the health care system |
| Working Group C | Transitions of young people with cognitive and physical |
| | disabilities |
| Working Group D | Transitions of immigrant youth |

12:00-1:00 Lunch

Afternoon Session

Buchanan A 102

- 1:00-2:00 Youth Engagement Perspectives
- 2:00-3:00 Reports from the Working Groups
- 3:00-3:15 Concluding Remarks

Gillles Lugrin Deputy Director Department of Social Work University of Applied Sciences and Art Western Switzerland Lausanne, Switzerland

Dr. Grant Charles

Associate Professor School of Social Work University of British Columbia Vancouver, British Columbia